Risa's Family Kitchen

MONTHLY MEAL PLAN

Plan less. Enjoy more. Every recipe is one click away.

November 2026

SUN	MON	TUE	WED	THUR	FRI	SAT
1 Creamy Split Pea Soup	2 Ginger Beef	3 Beef Stew and Dumplings	4 Dutch Oven Prime Rib	5 Steak Fajitas on the griddle	6 Ground Chicken and Spaghetti	7 Pumpkin Coconut Curry Soup
8 Pumpkin Chili	9 Ham and Corn Chowder	10 Chicken Pasta with Sun Dried Tomatoes	11 Spaghetti Squash Enchiladas	12 Spinach Ham Quiche Lorraine	13 Roasted Butternut Squash Soup	14 Chicken Fried Steak with White Gravy
15 Homemade Chicken and Dumpling Soup	16 One Pot Taco Tortellini	17 Chili Recipe with Corn	18 Orzo Soup with Butternut and White Beans	19 Kale Pesto Orzo	20 Green Lentil Soup with Coconut Milk and Bulgur Wheat	21 Tofu Ricotta Stuffed Shells with Spinach
22 Smoked Ribeyes	23 BBQ Poor Mans Burnt Ends	24 Crockpot Cranberry chicken	25 Beef & Barley Stew (One-Pot Dinner)	26 Brined Boneless Turkey Breast with Maple Glaze	27 Naan Taco Pizza	28 Jerk Chicken Pasta
29 Sour Cream Chicken	30 Shredded Beef Enchiladas					hello FALL