# Risa's Family Kitchen

## MONTHLY MEAL PLAN

Plan less. Enjoy dinner more. Every recipe is just one click away.

## AUGUST 2026

| SUN | MON | TUE | WED | THUR | FRI | SAT |
|---|---|---|---|---|---|---|
| RISA'S FAMILY KITCHEN | | | | | | 1 Skillet Cashew Chicken (One-Pan Dinner) |
| 2 Bacon Wrapped Chicken Thighs | 3 Yogurt Marinated Chicken | 4 Slow Cooker Chicken Spaghetti | 5 Pizza From Store-Bought Dough (Neapolitan-Style Pizza) | 6 Butter Chicken with Naan | 7 Smothered Pork Chops | 8 Cheesy Mini Meatloaf |
| 9 Honey Garlic Chicken Wings | 10 Sloppy Joe Casserole | 11 Stuffed Bell Peppers | 12 Costco Chicken Meatballs | 13 Southwest Chicken Casserole | 14 Big Mac Sloppy Joes | 15 BBQ Chicken with Corn Salsa |
| 16 Pretzel Dog Recipe | 17 Marinated Flank Steak Recipe | 18 Cilantro Lime Marinade for Chicken | 19 Sweet Potato and Tempeh Pitas | 20 Roasted Okra Tacos with Cucumber Pico | 21 Crispy Black Bean Sweet Potato Tacos | 22 Tomato Frittata with Corn and Basil |
| 23/30 Smoked Pork Butt<br>---<br>Griddle Fried Rice | 24/31 Air Fryer Shrimp<br>---<br>Southwest Chicken Bowls | 25 French Toast Pancakes | 26 Shredded Chicken in the Air Fryer | 27 Spinach Artichoke Chicken | 28 Sheet Pan Steak Fajitas | 29 Slow Cooker Italian Beef Sandwich |